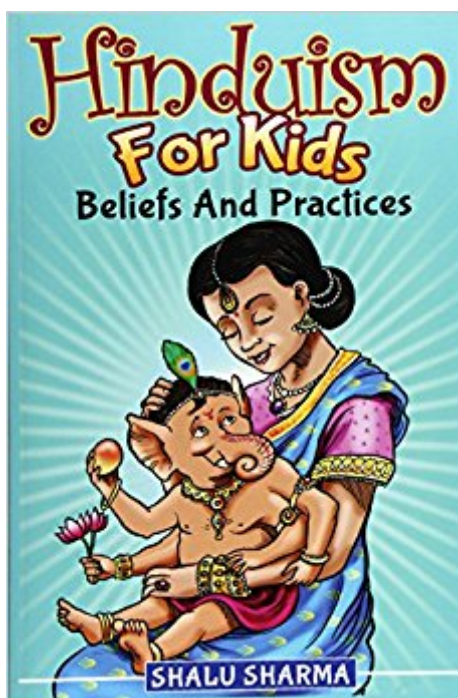


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# Hinduism For Kids: Beliefs And Practices



## Synopsis

Why don't Hindus eat beef? Why do Hindu women wear a dot on their forehead? Who is the Monkey God? Who's that God with the elephant head? Children can ask the weirdest of questions and sometimes it's difficult to tell them the answers to these questions. The reality is that even the adults don't know the answers to many of these questions. The fact is, Hinduism is a complex religion even to those who are born Hindus. This book covers a complex religion in simple questions and answers. 'Hinduism For Kids: Beliefs And Practices' is designed mainly for children of all ages of reading abilities for all nationalities and religious beliefs. The book can be used by non-Hindu parents who want to teach their children about Hinduism, its beliefs, practices and rituals. It will also be useful to children and adults alike who are considering taking a course on Hinduism or simply those who want to learn about Hinduism. Those thinking of visiting India especially those in pursuit of spirituality will find some of the answers in this book. Finally, parents of Hindu children who want to teach their children about their ancestral religion will also find the book useful. Here are the topics covered in 'Hinduism For Kids: Beliefs And Practices'

What is Hinduism? Who are the Hindus? Where do Hindus live? Where do Hindus worship? When was Hinduism discovered? What are the Hindu holy books? What are the Vedas? What is a bhajan? What is Aum? What is the swastika? What is Ishvara? Who is a sadhu? Meaning of aarti in Hinduism? What is ahimsa? Do Hindus eat meat? Why don't Hindus eat beef? Do Hindus eat pork? Why is the River Ganges holy? What is the importance of the lotus in Hinduism? Why do Hindu women put a dot on their head? Why do Hindus put a dot on their forehead? Who is Lord Ganesha? How did Ganesha get the elephant head? Who is Lord Rama? Who is Lord Shiva? Who is Lord Krishna? Who is Lord Vishnu? Who is Goddess Durga? Who is Goddess Lakshmi? Who is the Monkey God? What is Holi? What is Diwali? What is Raksha Bandhan? What is the caste system? What is reincarnation? What is moksha? What is yoga? What is the Bhagavad Gita? What is the Ramayana? What is the Mahabharata? What is aatma? What is maya? What is the Gayatri Mantra? What is the Saraswati Mantra? What are the other Hindu Festivals? What is Namaste? Where do Hindus go for pilgrimage? Why are cows sacred in Hinduism? Is Buddhism the same as Hinduism? Who are the Jains? Who are the Sikhs?

## Book Information

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## Customer Reviews

"One of the best books on Hinduism" ---Â Daily Hinduism"Complicated religion made easy, had to be Shalu Sharma" ---Â Pandit Kesari Prasad, HinduPriest from Devgarh"A book I would give my child to read" ---Â Dr Vivek Kumar Mishra, Patna"Thank you for this excellent book. Easy to understand! I have learnt so many things on Hinduism" --- John D&apos; CostaÂ "Great book for kids learning about Hinduism" ---Â Reader"Hinduism For Kids: Beliefs And Practices by Author Shalu Sharma is truly a brilliant piece of literature that I thoroughly enjoyed with my daughter who is studying the roots of Hinduism for one of her classes in school" ---Â Reader

This book can be read by children of all reading ages. It assumes no prior knowledge of Hinduism. Adults too will find the book useful especially those who are looking for answers to complex Hindu practices or those who are polishing their skills on Hindu religious matters. For example, Hindu women wear a colorful dot on their forehead called the "bindi". Most Hindus do not know the answer to this question hence this book is for those seeking answers to many of the customs, rituals and beliefs. Travelers to India, particularly those who are in search of spirituality will also find the book useful. They will be able understand the basics including some of the philosophical concepts of Hinduism. The book is presented in a questions and answers format. Each of the questions and answers has relevant images to make it easier to understand the concepts of Hinduism.

Hinduism For Kids: Beliefs and Practices is a wonderful resource to explain Hinduism to a child. Religions are complex and Shalu Sharma does a great job breaking down Hinduism down into manageable portions. She explains clearly what Hinduism is, who Hindus are, where they live and worship. She talks about the Hindu holy books and epics and how they came into existence and clearly describes what they are. Hinduism has been around since the dawn of human time has always seemed so complex to me. After reading I have a lot more understanding and a great

reference for the future.

“Hinduism For Kids: Beliefs And Practices” by Author Shalu Sharma is truly a brilliant piece of literature that I thoroughly enjoyed with my daughter who is studying the roots of Hinduism for one of her classes in school. In short, this is a perfect guide for anyone looking to develop a solid foundation on Hinduism. The book is perfectly formatted which makes it easy to reference back and forth on your kindle. The illustrations and pictures including the map inside helps to pin point certain origins in India where the roots of the Hindu Beliefs and Practices started. In closing this is truly a remarkable book that both parents and children can enjoy many times over. It is written in a fast paced manner will help you gain a deeper understanding of the Hindu beliefs. 5 Stars for Author Shalu Sharma and can not wait to see what she comes up with next.

I downloaded this book for my kids, but found it an interesting read myself as well. This is an excellent short intro to basic concepts of Hinduism. Though author has called it a book for kids, but I feel that anyone who wants to know basics of Hinduism can benefit from it. Overall, it is a good introductory book that lets one know the basic concepts in an hour or two.

I bought this book because I am woefully ignorant about Hinduism. I thought it might help me learn. The pictures are beautiful, just the thing for a very young person. Unfortunately, Hinduism is such a wonderfully rich religion that each page is filled with much more than I can absorb. The names of all the deities, festivals, and other aspects are difficult for someone wholly unfamiliar are very difficult to remember. Maybe I am too old to remember much of this information.

This book can really educate not only kids but also adults like me who doesn't know much about Hinduism. I had a lot of questions about the Hinduism and this book has answered all of it, and the book has also given me more knowledge about the religion which really changed my idea about their religion. I have always respected their religion, even if I didn't understand it before. But now after understanding their religion, it made me truly respect and admire their religion. What I like most about the book is that it doesn't dictate why Hinduism is better than the other, The book really made just educate people about Hinduism which is, for me, a great thing. Excellent book!

This book is written for the child as well as the adult that is interested in learning more about

Hinduism. Each page or so tackles a different question and/or topic. A good starting point in teaching kids about hinduism....I could really see this book being useful in children's religious education classes (especially for UU churches). I highly recommend it for it's information, pictures, and content.

This book is in a question answer form. There are 64 questions related to Hinduism answered. For example, "What are vedas?", "What is Diwali?" etc. Each question has a related picture to help understand the answer better. Although some answers are little vague overall this book helps you understand Hinduism as a kid.I would recommend this for someone who is trying to teach about Hinduism to their kids. School aged children writing papers regarding Hinduism would find this useful as well.

There were several typos in this book and the images looked like they were taken straight off the internet. I think it is necessary to have proper spelling and grammar in a book, especially when teaching children.

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